

# Hummingbird ART ENRICHMENT Programs

**Holistic Watercolor Painting**  
**Block Crayon Drawing**  
**Wool Felting**  
**Plant - Dying Silk**  
**Natural Fibers & Fun**  
**Botany & Drawing**



**"Nimble Fingers Make Nimble Minds"**

**Drawing & The Quality of Numbers**  
**Mythology & Drawing**  
**Medieval History & Drawing**  
**Form Drawing**  
**Script Handwriting**  
**Fairytales and Letters**  
**Doll Making**  
**Seasonal Crafts**



**Private & Group Instruction  
For All Ages**

Lu Ellen Burton is a Certified Yoga Instructor with 300 hours of formal certification training and is a former modern dancer with many years of teaching experience. She has taught in many different settings to all age-groups.

She loves being part of the movement that is bringing yoga to People of all ages because in addition to the health benefits, she believes if we are truly peaceful within ourselves we are creating peace in the world.

Certified Yoga Instructor, The School Of Complete Yoga, NJ  
Reiki III Certification, NJ  
Speech and Tone Eurythmy, Sunbridge College, NY  
Modern Dance, Theatrical Dance, African Dance, NYC  
Creative Movement, Ballet, Tap, Jazz, Acrobatics, US, Euro

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BS, Excelsior College, NY, Magna Cum Laude  
Certified Waldorf Teacher, Elem. Ed., Sunbridge College, NY.  
AAS Early Childhood Education, NJ  
Sculpture: [www.luellenburton.com](http://www.luellenburton.com)

*Artist in the Schools, Creative Modern Dance, NJ.*

Poetry's Elite: The Best Poets of 2000, The International Library of Poetry.



Lu Ellen Has A Special Interest In The Natural World and often includes Native American folklore in her visualizations. She believes that focus, happiness and inner peace are imparted to us through Yoga and the Arts, which helps us to develop a reverence for Beauty, Truth and Goodness.

# Hummingbird Yoga



**Classic Hatha Yoga**  
**Strength - Flexibility - Balance**

**Private & Group Instruction  
For All Ages**

**Lu Ellen Burton**

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